

The Cape Coast Adventure Weekend entices both history lovers and adventurers alike. The weekend begins with a long drive west of Accra before a tour of Cape Coast Castle, once a notorious fort used to hold slaves awaiting exportation to the Americas.

The tour includes a harrowing insight into the tortuous history of the transatlantic slave trade. You'll have time to reflect at a nearby beach, before checking into your hotel.

The following morning, your group will visit Kakum National Park, where a short hike through the forest floor is followed by a walk at canopy level – 300ft above the ground! After the morning's exertions, you will stop for lunch at Hans Cottage, a restaurant set over a crocodile pond. There will also be an

opportunity to visit a souvenir market where you can buy some beautiful Ghanaian crafts and cloth, before heading home to the Volta region.

WHAT'S INCLUDED?

- Return transport to Cape Coast
- Walking tour of Cape Coast Castle
- Entry to Kakum National Park
- Single-sex, shared accommodation
- Breakfast
- African Adventures Co-ordinator

WHAT'S NOT INCLUDED?

- Lunch and evening meals
- Drinks
- Tips for guides









